

Investing in your Social Intelligence

Focus: Social IQ **Length of Session:** 90 minutes

Attendance: no limit AV requirements: N/A Room set-up: theatre or classroom Handouts: 3-4 pages for participants Interest Area: Leadership and Management – Personal Development Stream: Management/Advanced Practitioner and/or Front-line

Topic Summary:

Carl Albrecht declares that "More people have lost jobs, friends, and mates as a result of social incompetence than for any other reason." He defines Social Intelligence as "the ability to get along well with others and to get them to cooperate with you." This interesting and practical presentation focuses on Social Intelligence - the new essential skill for success in the workplace.

After attending this session, participants will be better able to:

- Define Social Intelligence and understand its value
- Review current Social Intelligence theories
- Leverage their Social Intelligence to increase success in life and in the workplace
- Recognize Social IQ shortfalls
- Adopt techniques for boosting their Social IQ